



VENOUS INSTRUCTIONS LEAFLET

INFO@YOUTH-REVISITED.CO.UK

01

Have your Healthcare Professional take your sample.

02

Write your Name and Date of Birth on the vial. Place into the protective packaging.

03

After adding the time and date on the lab form, place the form and the sample in the envelope provided.

04

Post your sample on the day you take it. Do not post on a Friday. We strongly recommend sending Special Delivery

Included in your package

- ✓ Vials for Blood collection
- ✓ Vacutainer/Needle
- ✓ Wipes, Plasters
- ✓ Return Envelope
- ✓ Lab form

Hints & Tips

01

Do Some gentle exercise or take a warm shower. Make sure you are well hydrated.

02

Take your sample in the morning between Monday and Thursday and ensure to get it in the post on the same day.

03

The order for draw is Purple then Yellow.

04

Turnaround is usually 1-2 working days from receipt. Results will be uploaded to your account.